

Genesis Institute

1220 N Howard St.
P.O. Box 10436
Spokane, WA 99209

Phone: 509-467-7913
Fax: 509-467-0344
E-mail: cathy@genesisinstitute.org



Like Us On
Facebook!

Discover Your Story, Live From Your Heart

We're On The Web!
www.genesisinstitute.org



Genesis Institute is a non-profit organization existing as part of the body of Christ to care for human souls, guided by the fixed point of Biblical revelation. Genesis Institute is an agent of relational transformation. Our passion is to help people discover their story and live from their heart. All Genesis ministries seek to enable and encourage the Christian community to this end. Genesis mission will endeavor to:

- Counsel Biblically.
- Enable and encourage the Christian community to care for human souls.
- Proclaim relationship with Christ is the ultimate answer to life's most challenging problems.
- Invite both believers and non believers to live according to God's design, and to worship and enjoy Him.

We offer a variety of courses designed for Christian leaders and lay workers. Our Soul Care Biblical Mentoring ministry, Spiritual Formation Workshop, Courageous Parenting, and various seminars are available through Genesis Institute.

Prayer Requests



Crystal

- My clients whose hearts are resistant to change, and tend to blame others for their problems. Please pray that I will have gracious but wise words to share with them.
- The Moody staff and students who are traveling this summer. Please pray for safe travels, and for peaceful visits.
- Our family and the many upcoming weddings this summer. Pray that we will focus more on the joy of the celebration, and less on the stress of the details.



Todd

- My clients who at times are discouraged. Pray that they don't lose hope.
- Continue to pray for relatives who are in transition—that they will adjust well to their new home.
- To find balance between a busy work schedule as well as keeping up with busy boys at home who are involved in sports.



Amanda

- Prayer for my upcoming trip to Seattle for a seminar about helping people with eating disorders. That the time would benefit those struggling at Genesis and in our community.
- For my clients whom will be taking a break over the summer that the Lord would provide for their needs during the break.



GENESIS INSTITUTE

May 2016

The Heart of Genesis

Why I Have Come to Genesis

As my 14-year old son and I sat at a table, in a ski lodge eating our lunch of fish and fries, I heard the familiar ding, a text from my pastor's wife. It read, "Are u interested in doing counseling for the Genesis Institute? They are looking for a part time counselor. Lori ;)." "Yes, I am interested!" I replied. That was on January 18th, and there began the journey that brought me to Genesis Institute as a counselor. April 4th I officially began my new position. I moved into a new office and met the rest of the team.



I was born and raised in Cheney, WA, and married my high school sweetheart. I received my undergraduate and graduate degrees from Whitworth University, B.A. in Psychology, and M.Ed. in Guidance and Counseling. My first several years of counseling began at Excelsior Youth Center, an at risk youth treatment facility where I started as a group living counselor, continued as a therapist, and provided family preservation services to at-risk-youth in the community. For three years a friend and I engaged with individuals and couples in private practice. About 6 years ago, I began teaching adolescent psychology and counseling issues classes at Moody Bible Institute. Throughout the years I have served and volunteered in a variety of ministries and capacities with youth and adults.

Welcome Katrina!

As I write this, I reflect back on the road I traveled to get here with a smile on my face. "Why am I coming to work for Genesis?" Because I believe God called me to participate in this endeavor for His purposes. I believe the hiring committee considered the decision deeply and prayerfully before offering me this position. I am so excited to have the privilege of joining this amazing team and ministry. I'm passionate about listening to deep struggles and real stories, helping people find redemption, healing, and hope in Christ.

"Discover your story, live from your heart," a quote I read from one of the Genesis' newsletters resonates with me. Every individual's story breathes of an opportunity for hope, redemption, and a weaving into the larger story, told by the master storyteller, God Himself. I feel incredibly privileged and honored to receive the opportunity of helping others connect with their stories and find redemption in God's larger story. Thank you Genesis team for inviting me to join you in this ministry.

Katrina Mason

You can
change a life
by giving
to our
scholarship
fund!

We Never Know Who Is Watching

Cathy and I met with our niece Andrea who had asked to interview us for a senior college class project on marriage. As she took out her long list of questions, it was apparent to us that she was excited to ask questions. The conversation centered on our various stages of marriage, the many challenges we faced over the last 38 years, and what things have made this marriage sustain and grow for the long term. There was a lot of laughter, yet times of real painful introspection from both Cathy and me. We shared about the hard challenges we had faced, and the hard fought process of forgiveness with each other in our failures. We both elaborated on how critical it has been to have our souls and lives open to the Lord's healing work in two very different, headstrong people. We shared so many stories of sorrow, redemption, and glory during our time with Andrea that caught us up into the wonder of God's grace.

What we had not noticed, was a young waitress that slowly swept the floor and hovered around our table. She walked over and asked about our conversation and our view on marriage. She sheepishly smiled, knowing she was interrupting, but her curiosity got the better of her. She asked the perfect question on what kept us together after these years. Cathy beat me to the answer as the door cracked open to our

waitress' heart, "Christ, we are Christians, and that has what sustained us in our marriage." We were caught up with a young woman wondering about how marriage works at all in this troubled world. We found her heart intrigued by our story of God's grace in the ongoing work in our marriage. Our waitress crashed the party in the most glorious of ways that deeply touched Cathy and me by her courage and tenacity.

"She asked the perfect question on what kept us together..."

As we were sitting at the table I found myself wondering, *who else is watching all of us?* What other people are looking for some glimmer of hope that God is real and actually cares about us? This young woman was quietly, unobtrusively listening to us for signs of hope, that a marriage that can be good. I pondered this question with mixed awe and wonder at the invitation we are each called to offer as we live our lives for Christ: *What will people find in us as they watch from a distance?*

Dave

Executive Director



DISCOVER your STORY LIVE from your HEART

Invitation to Submission



Every aspect of Genesis Institute's ministry is founded on the principle of "Submitting to One Another." The very thought of submission conjures up pictures of someone buckling under the cruel thumb of a dictatorship. That's what the world would have you believe. Yet, in God's perspective it is a fundamental expression and attitude for each of His children. (Eph. 5:21)

No matter where you look at Genesis, you will see acts of submission. Whether we are counseling a hurting soul, teaching in a class with others, or simply opening

our door to the community each day, we submit to one another. Recognizing God's authority over all things is the first step in understanding our role in how we live out our lives on a daily basis.

In regards to supporting Genesis, with every gift, donation, volunteer hour, sponsorship or prayer, you are submitting your time and treasure to God. Your act is a submission of your possessions. All of you are coming alongside to help others and make a difference.

"..it is a fundamental expression and attitude for each of His children."

We are so grateful for your partnering with us!

Linda

First Time Impressions



Their responses are very typical of what parents experience and learn.

Kim: "On the first day of class I felt very encouraged. Our family was struggling. I left class feeling hopeful. We now have been able to identify the area's that close/shut our son down. Changes are taking place and our relationships are becoming much more positive with each other. This class has also helped my husband and I reflect on our character to become ministry parents instead of consumer type parents".

Bill: "The class has helped us focus on three crucial aspects of our parenting; the rebuilding of our relationships with our grandchildren that we are raising, that of building bridges and not walls, and omitting the

word "why" when asking questions that allow their hearts to open instead of being closed with the why word".

Brave and courageous parents! The old adage that "we did our best with what we have" is being dismantled by each parent that strives to be a more mature parent than their own parents.

"Changes are taking place and our relationships are becoming much more positive with each other."

I will have more parental reflections soon as the class begins to draw to a close that will be their ending impressions of the class.

Dennis

