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Genesis Institute Mission

We exist as a part of the body of Christ to care for human souls, guided by the fixed point of biblical revelation.

Genesis will Endeavor to:

- ⇒ Counsel Biblically
- ⇒ Enable and encourage the Christian community to care for human souls.
- ⇒ Proclaim that relationship with Christ is the ultimate answer to life's most challenging problems
- ⇒ Invite both believers and non-believers to live according to God's design, to worship and enjoy Him.

Discover Your Story,
Live From Your Heart



Praise and Prayers

Please continue to pray that God will send the right Counselors to Genesis. We need to hire another male and female counselor to handle our increased number of clients waiting to be seen.

Crystal asks for Prayer for:

- My clients who struggle with severe anxiety. Pray that they would experience the Lord's peace in new ways. Pray, too, that the Lord would surround them with understanding friends and family to support them.
- The Genesis Evening of Stories. Pray for Linda, Denise, and Amy as they work together to organize this wonderful evening in October.
- Safe travels as I go to visit my son in New York. I am excited to see him, and to see New York for the first time!

May each and every struggle send us straight to the arms of the One who can carry us through.

He tends His flock like a shepherd: He gathers the lambs in his arms and carries them close to His heart.

Isaiah 40:11



The Heart of Genesis

Meet Our Newest Board Members



Bob Bishopp

Bob has not been on the Board at Genesis since 2004, however he has continued to be supportive of Genesis in a variety of less visible ways. He has agreed to rejoin the board because, in his words, "I want to be a part of the next chapter of what God does at Genesis as we continue to encourage people to discover their story and live from their heart. Genesis offers a unique, biblical and transformative message to people struggling to relate well with God and one another in the midst of life's many challenges."



Sean O'Regan

Sean O'Regan was born and raised in Spokane, Washington. He did spend a little bit of time in Montana and Arizona, and after six years came back and finished a degree from Eastern Washington University. The last thirteen years have been in banking and finance for various companies.

With his wife of thirteen years, he has three girls and two grandchildren. Life is busy and fast paced. His passion is for spiritual warfare and the condition of the heart. Genesis is a good fit for that very reason. The enemy is continually attacking our knowledge, self-worth, and luring us into places that take away our focus from the Lord. Genesis does a great job putting this into perspective through counseling, life training, and resource recommendations.



Looking Forward to the Future



Things are happening here at Genesis—and we are so grateful to those of you that are responsible for that. We've been putting our needs in front of all of you the past few months, and God has prompted many of you to action!

We are enjoying our fresh, clean carpeting—thanks to the generous donation from Zererez! We are looking forward to breathing cleaner air this fall as we also take advantage of their generosity when we have all of our furnace ductwork cleaned.

Part of our *Bold and Audacious* prayer to God was that He 'provide for Genesis like he has never provided before'. We are seeing the fruits of that prayer as we have been receiving more requests for counseling, than ever before.

In order to help all of these people, we need to add to our counseling staff. We covet all your prayers for the right candidates to apply. We are having a hard time finding fully licensed counselors that are able to bill insurance. Many of the applicant's are still needing supervision hours and we don't have the staff available for that. So please keep us in your prayers.

We are excited about what God has in store for us!

Linda



Keynote Speaker

John Ortberg

You Don't Want to Miss This Event!

OUR ANNUAL NO-COST DESSERT FUNDRAISER

October 25, 2018 ~ 6:30pm to 8:30pm ~ Spokane Convention Center

Registration Is Now Open!

Go to our website at www.genesisinstitute.org/evening-stories

The Long Mourning



It had already been an emotional morning -- revisiting another grief, decades old. But isn't that the way of grief? Sneaking into ordinary days that begin the same as every other? And now, scrolling social media, I find myself stilled by a photo: My beautiful daughter's sparkling soul of a smile grabbing my heart and squeezing more tears. Her deeply loved family preparing to settle far from here. And even as I trust the Lord's directing her path, I'll feel every mile as a slow gouge across my heart. I'm so wrung out with goodbyes...

Standing in the kitchen sometime later, it dawns -- life is *the long mourning*.

Aching as my children moved away. Each visit too brief, each time to go chaffing the wound of the first goodbye. Grieving hopes deferred, relationships broken, friends moved on, passed away, or caught up in devastation. Season upon season of loss and change with lives and issues demanding attention now, leaving no time to process. Just move. Do. Now.

Everyone's journey with loss etches differently, but is no less real. Despite this truth, I often diminish my own pain as pale in comparison to your pain, or their pain, or suffering of global proportions. In doing so, my grief is shamed into a dark corner. No comfort, no tears, no truth to lead it back to life and hope. The weight of it, a silent shackle to joy. By deciding my hurts don't matter, I am in effect saying I don't matter. This revelation brings a grief all its own.

With all these midlife days are stirring up, my default is to run and hide. But healing requires revisiting storms past and owning the new issues swirling. Though the wind of it all messes with my emotions, these things need light, honesty, and a level of brave that has me stretching for faith. A longing has grown to be set free of these griefs deferred. To take hold of everything for which Christ has taken hold of me. To press on.

God has redeemed me and calls me His own -- deeply loved, forgiven, accepted. I do matter. It's His voice beckoning me to this heart-tending, infinitely patient in my struggle. Amidst the storm He will bring quiet, turning gusts to refreshing breezes as the Spirit bears truth and healing. So, despite the desire to run away, I'll lean into Jesus, then lean into the wind, and keep on walking. Sometimes pressing on feels more like being pressed, but I know I'm safe in Him, in the mess of this long mourning.

Because of the LORD'S great love we are not consumed, For His compassions never fail. They are new every morning; great is Your faithfulness. ~Lamentations 3:22, 23

Even with these insights, there came a time in this journey where I hit a wall of depression and finally got honest about the depth of my struggle to those close to me. Having experienced the benefits of counseling decades ago, I prayerfully made the call to *Genesis Institute* where I've found compassionate, Biblical counsel... someone to listen, to lean in with me, pray for me, and give me tools for the road. I'm still on the road, but I am healing. And I am so thankful the Lord led me to *Genesis*.

-- Bernadette DesChamps, a Genesis Institute client, has been married 36 years and is aka: mom, grandma, caregiver, worship leader, writer, and friend. This article was edited from her original post, *The Long Mourning*, at onlifeandlaughter.blogspot.com

Thank You!



We are so grateful to Zererez for coming in and cleaning our carpets. It all looks (and smells!) much better. You guys are awesome!