

## WOW! What a Blessing!

I recently completed Genesis' new course called "Wonder of Woman", or the 'WOW' class, as we refer to it. I loved it! The course is part of our Spiritual Formation classes that are offered, but this one is just for women and just offered in the Spring. Elaine Watts, a member of our Board of Directors, spent a lot of time and thought creating this course, and it shows. I want to share with you some of my 'take-aways' as well as some comments from some of the other class members:

"Excellent class—encourages us to tell/share our stories as the enemy wants us to hide behind shame & guilt. By sharing our stories, we break the hold of lies and shame the enemy imprisons us in....Allowing me to trust women like never before...healing, uplifting...Awesome!"



"This was a wonderful class! I would definitely recommend it to other women. The content was interesting, the resources varied and helpful and I appreciated not having 'home work' at this juncture of my life. Writing my story was enough for me and a very good exercise. Elaine did a great job! She is real, caring, candid and shared her own story so well. And, she has a great laugh!!"

"Elaine was very prepared, open with her own story; where she is at in life—very transparent. She encouraged us in where we are at and not having it all together."



"There is a definite need for this course. I found it exciting that it was just for women. I know so many who could benefit from the truths that were shared. Some struggles are unique to women and this created a space to figure out who the Father is to each of us individually, to realize we all face suffering and hardships and the need for us to get closer to the One who desires a relationship with us and is the 'Lifter of Our Heads'."

One of the most memorable points for me was the concept of thriving in the middle of pain and chaos all around—"Be still & know He is God" in this process! The half-day retreat was a wonderful, quiet time to prepare our hearts and minds to hear a story from one of the guest speakers. My heart tugged so much for her! Regardless of where you are on your personal journey, this class helps us with a deeper definition of beauty as God sees us and was so helpful in my continued journey of becoming more "Christ like".

*Linda*

