

1220 N. Howard Street  
P.O. Box 10436  
Spokane, WA 99209

Phone: 509.467.7913  
Fax: 509.467.0344  
E-mail: linda@genesisinstitute.org

We're on the Web!  
www.genesisinstitute.org

### Genesis Institute Mission

We exist as a part of the body of Christ to care for human souls, guided by the fixed point of biblical revelation.

#### Genesis will Endeavor to:

- ⇒ Counsel Biblically
- ⇒ Enable and encourage the Christian community to care for human souls.
- ⇒ Proclaim that relationship with Christ is the ultimate answer to life's most challenging problems
- ⇒ Invite both believers and non-believers to live according to God's design, to worship and enjoy Him.

Discover Your Story, Live From Your Heart



### We Are Still Looking For Counselors!

If you want the opportunity to utilize your skills and passions for helping provide hope and healing in the context of a soul-caring, professional, Christian community, this job just might be right for you. Our passion is to help others live deeply from their hearts and experience relational transformation. For those wanting to work closely in a team setting, we are currently looking to expand our existing counseling staff. **At this time we have an opening for a male and/or a female counselor - part-time and/or full-time.**

For more information about this job, please go to our website at [www.genesisinstitute.org/careers](http://www.genesisinstitute.org/careers).

If you are interested in applying for this position, please email the following information to **Careers@GenesisInstitute.org**:

- 1-Cover letter and Resume
- 2-Your personal Statement of Faith

### Special Request

In order to stay current with training and increasing insurance requirements, our counselors feel that it would be highly beneficial to receive EMDR training. Eye Movement Desensitization and Reprocessing (EMDR) therapy is an integrative psychotherapy approach that has been extensively researched and proven effective for the treatment of trauma. EMDR is a set of standardized protocols that incorporates elements from many different treatment approaches.

This 5 day course will also give each counselor 40 continuing education credits which are required for their licensure. The course is offered all over the country, but will be available here in Spokane this May. We would like to take advantage of this by sending two of our counselors. The course is \$1500 each, so it is a (\$3,000) financial investment.

Would you be willing to help cover that cost? Please contact our office directly if you would be willing to invest in the future of Genesis.



# The Heart of Genesis



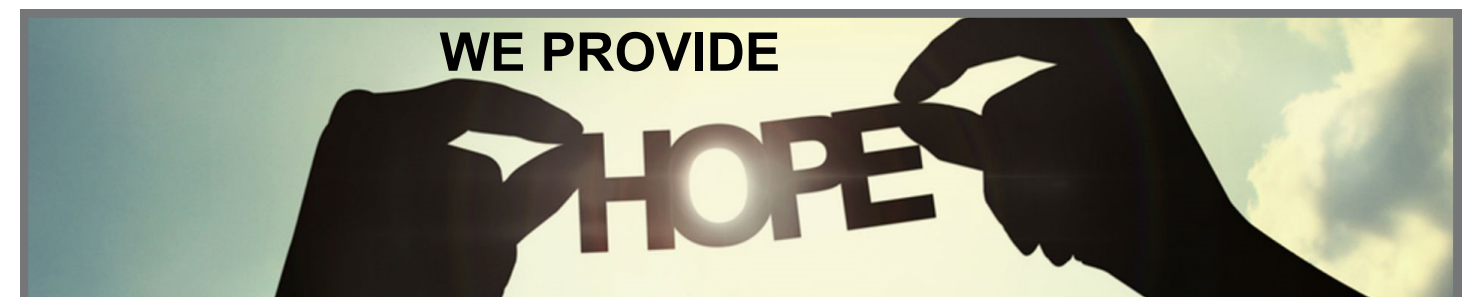
## God's 4 letter word is HOPE!



#### 9 reasons to HOPE when things seem hopeless.

- \* It moves you forward. Increases momentum when you have HOPE.
- \* Energizes us - Become Alive NOW!
- \* Hope lightens our darkness.
- \* Hope increases your Faith, Faith fuels Hope, Hope fuels faith. One builds up the other!
- \* Hope spreads- Inspires us, motivates us!
- \* Hope heals- there is a way out!
- \* Hope is practical- motivates us to take ACTION.
- \* Hope stabilizes us in the STORM.
- \* Hope defends- helmet of salvation.

Genesis Institute is here to offer HOPE to those who have lost it.



## Looking back with Gratitude and Looking Ahead With Hope



It's that time of year again—time to change calendars and start looking ahead to the new year. But before we do that, we wanted to share some things that were accomplished in 2018 and for which we are profoundly grateful. Here it is (again) by the numbers:

- ⇒ 1 new counselor added
- ⇒ 3888 hours of counseling provided
- ⇒ 489 counseling clients helped
- ⇒ 41 people attended our *SoulCare* Training classes
- ⇒ 451 people attended our Evening of Stories event
- ⇒ 86 new donors this year
- ⇒ 2 new Board Members added
- ⇒ 23 new GEM club members
- ⇒ 294 new individual, church and business connections made
- ⇒ \$61,837 given in discounts for our sliding fee clients
- ⇒ 1 annual fundraising goal met (again) Praise God!
- ⇒ 1 new admin staff added
- ⇒ \$80,399 given in discounts to our counseling clients who bill insurance

In 2019 we HOPE to do even better. Our Board will be participating in a 10 month Board Leadership & Development Program designed for Christian organizations by the M.J. Murdock Charitable Trust. They will help us to identify a series of strategic 'next steps' and benchmarks needed to create a sustainable future. We are excited about this opportunity!

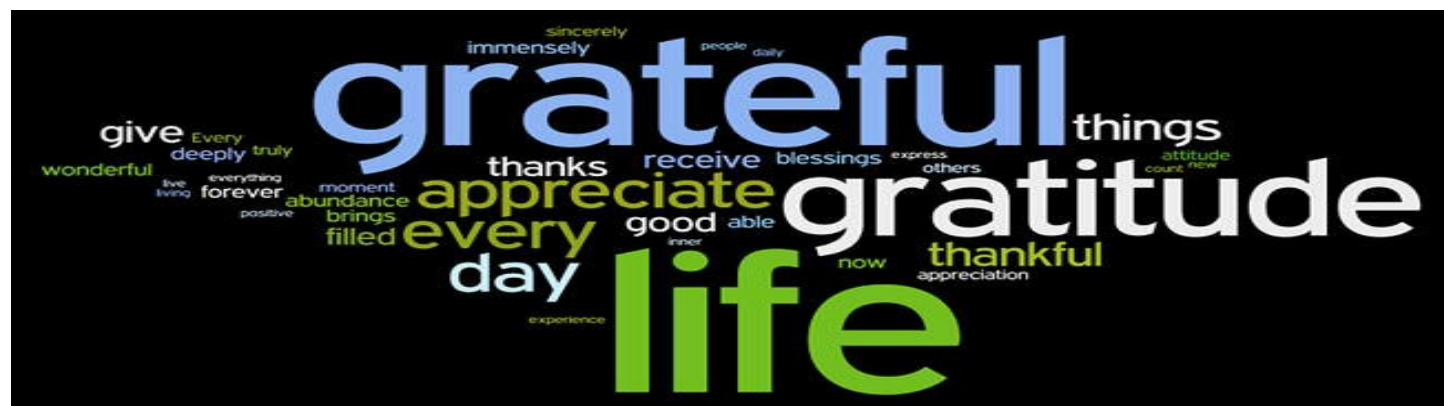
We hope to add to our counseling team with at least two more counselors to meet the needs of our community. We are also hoping to offer (in addition to our current classes) seminars and/or workshops. Instead of the 12-14 week commitment needed for our *Courageous Parenting*, *Spiritual Formation* and *Wonder of Woman* classes, these **would be just one or two days**, depending on the topic.

We hope to add at least two additional members to our Board of Directors to help with providing long term vision for Genesis.

We hope to continue to equip leaders in the Christian community through our *SoulCare* Training. We hope to continue growing our connections and partnerships with individuals, churches and businesses that have a passion for this ministry like we do!

Please keep Genesis Institute in your prayers this year as we Move FORWARD TOGETHER!

Linda



## We Are Blessed With Another New Year!



We are reminded profoundly at this time of year that we are blessed with more new beginnings. Just as Lamentations 3:22-24 states; "The Lord's loving kindnesses indeed never cease, for his compassions never fail. They are new every morning. Great is Thy faithfulness. The Lord is my portion says my soul. Therefore I have hope in Him." New EVERY morning, year, decade...It is wonderful to recognize new beginnings in hope of change, improvement, renewed and new commitments. Those '**New Years Resolutions**' come to mind. What will they be this year?

The top 10 New Year resolutions are according to a list by Brad Zomick are:

- ◆ Exercise more
- ◆ Lose weight
- ◆ Get organized
- ◆ Learn a new skill or hobby
- ◆ Live life to the fullest
- ◆ Save more money/spend less money
- ◆ Quit smoking
- ◆ Spend more time with family and friends
- ◆ Travel more
- ◆ Read more

April VanDyke  
Board member

Only 46% of the populace that make these resolutions are successful. Those aren't bad goals. Many are on all of our lists.

The Billy Graham Evangelistic Association (with permission) states these next resolutions will change your life.

- ◆ **Pray every day to hear God's will for my life and be obedient to it.**
- ◆ **Read the Bible every day to understand God's character and His ways.**
- ◆ **Encourage others to start or continue their journey of faith.**
- ◆ **Invite at least one person from my family or my community to church each week.**
- ◆ **Join a local year-round Bible study.**
- ◆ **Commit to a community outreach for one season.**
- ◆ **Volunteer at your church to teach Sunday school or provide nursery care.**
- ◆ **Open my home to times of fellowship and discipleship.**
- ◆ **Commit to identifying the needs vs wants in my budget and increasing my charitable giving.**
- ◆ **Keep a journal daily or weekly document the progress of my resolutions.**

Begin the New Year by turning to Jesus Christ and inviting Him into your life. Then ask Him to help you become the person He wants you to be. This is what Paul did and that's why he could say, I can do all things through Him who strengthens me." (Philippians 4:13)

I pray each of us is motivated and encouraged to move forward in our walk with our Lord. He longs for us to turn to Him in our time of need and in our good times too and have our hearts seek Him with all that is within us.

We have many resources to help you grow in Him. One of those ways is to take one of the inspiring Spiritual Formation classes offered here at Genesis. The next fulfilling new 'resolution' class is *Wonder of Woman* taught by Elaine Watts beginning in March. Your life will be changed. You will be motivated and encouraged in your walk with the Lord like never before. Please make the commitment to fulfill point number 5 in the prior New Years' resolutions that will take you on a new and exciting journey with your Lord. May He inspire you to make your own specific resolutions as well to begin this new gift of a year from Him.

Lord, by Your grace and strength help us to keep our resolutions this New Year. Help us to glorify and honor You in all we do. Amen